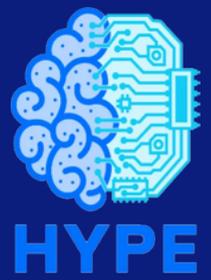


January 2024



HANDLE YOUR EMOTIONS!

PROMOTING EMOTIONAL INTELLIGENCE LEARNING FOR YOUTH

NEWSLETTER 1

Project Number:
2023-1-EL02-KA210-YOU-000162252

www.hype-project.eu

WELCOME TO THE HYPE PROJECT NEWSLETTER!

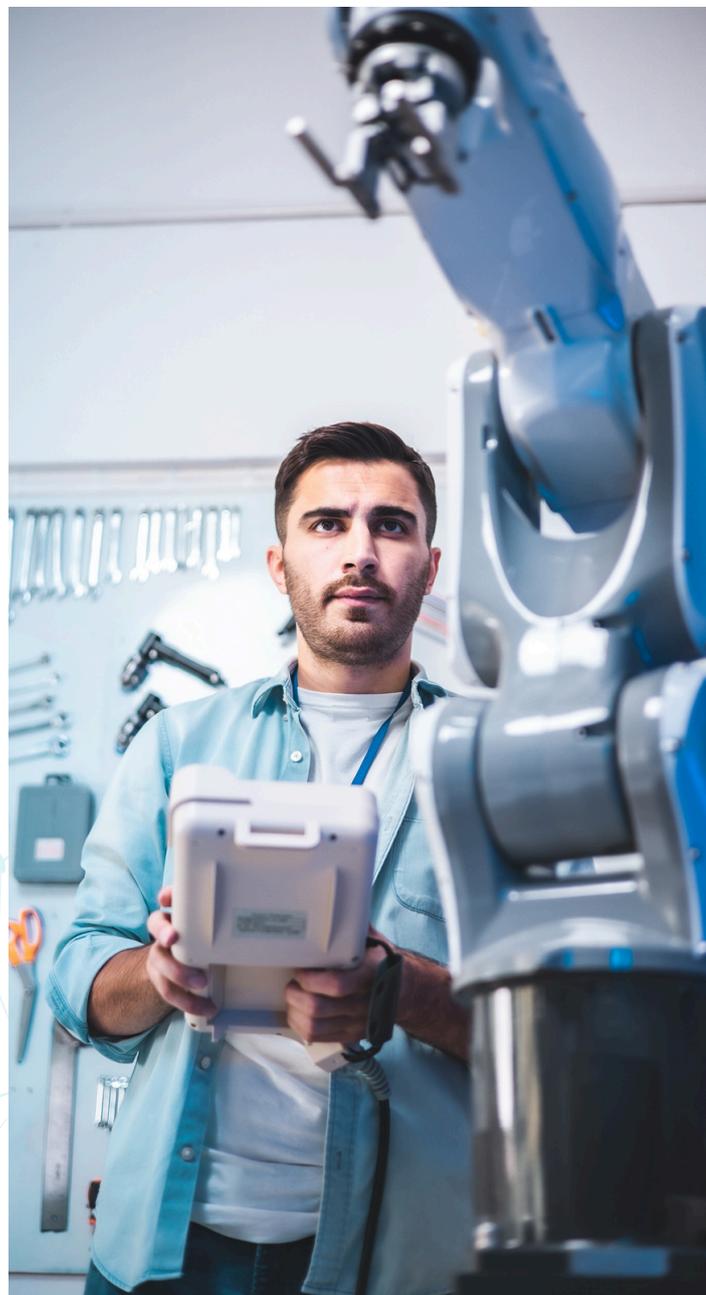
We're excited to share updates and insights from the HYPE Project, an initiative dedicated to strengthening the potential of youth through inclusive education, empowerment, and active citizenship.

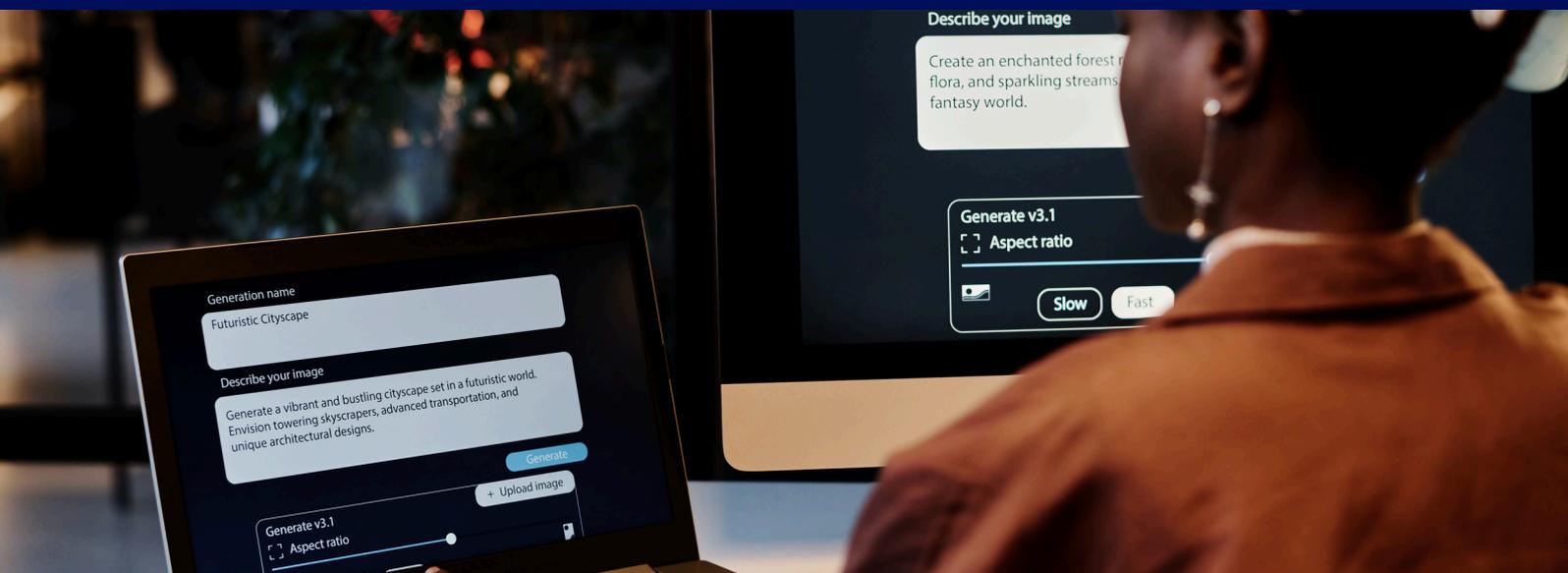
Let's explore what we've been working on!

ABOUT THE PROJECT

The HYPE Project is rooted in the belief that youth empowerment and inclusion are essential to building a more just, equitable, and engaged society. By offering non-formal education, mentoring, and awareness-raising initiatives, the project equips young people with the skills, confidence, and opportunities needed to thrive and become active contributors to their communities. This project focuses on supporting marginalized youth, including refugees, individuals with disabilities, and those from low-income backgrounds, while also engaging school-aged children and young adults navigating education or the job market. Through inclusive educational activities, interactive workshops, and community-driven campaigns, HYPE fosters social inclusion, personal development, and active citizenship.

HYPE promotes a grassroots approach to empowerment, strengthening local support systems and addressing key societal challenges like youth unemployment, social isolation, and barriers to education. By doing so, the project contributes to the broader goals of social innovation, equality, and sustainable development across Europe.





IMPACT

- The HYPE Project is generating meaningful impact across several societal levels. By actively engaging young people with fewer opportunities, as well as educators, youth workers, volunteers, and partner organizations, the project fosters a strong culture of empowerment, inclusion, and participation within its core community.
- Locally, HYPE equips disadvantaged youth such as refugees, individuals with disabilities, and those from low-income backgrounds with the skills, knowledge, and confidence needed to overcome barriers and engage actively in civic life.
- This empowers young people to contribute meaningfully to their communities and promotes social cohesion.
- Regionally, the project strengthens youth organizations, schools, and community centers by providing inclusive training, educational resources, and mentoring tools that support both personal and professional development. These interventions raise the quality of youth work and increase outreach to vulnerable groups.
- Nationally and across Europe, HYPE contributes to broader efforts aimed at social inclusion, youth participation, and equal access to education and opportunity. By promoting collaboration among stakeholders and raising awareness about the challenges marginalized youth face, the project helps drive policy and societal change laying the foundation for a more equitable and empowered generation.

TARGET GROUPS

- School-aged children and teenagers, who benefit from access to educational opportunities, mentorship, and skill-building activities that support their personal growth and social participation.
- Young adults, particularly those entering higher education or starting their professional careers, seeking resources, training, and networking to navigate this transition successfully.
- Marginalized youth, including refugees, young individuals with disabilities, and those from low-income backgrounds, who face additional barriers and are supported through inclusive, empowering programs tailored to their specific needs.

Stay tuned for the following steps of the project!

